

NEWSLETTER

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New Initiative RIGHT2RUN

"You don't stop running because you get old, you get old because you stop running." - Christopher McDougall

Running gives a sense of commitment, real purpose and real inner confidence that help children in other areas of life and for that reason its really important to encourage young people to start running. It is such a simple sport, so accessible but is actually so rewarding and so powerful.

The initiative was brought up by Emily to encourage young people especially young girls to start running. Emily Shaw founded Right2Run with the moto of "One run can change your day but many run can change your life. "She is an international track athlete representing England and volunteered with R4C for 6 months.



R4C's areas of intervention



While Emily started off the initiative, Nitu Tamang, has continued with the initiative conducting trail running and sports training at 6 different schools, where 250 students (girls and boys) participates regularly.



PRAYASS

The project aims to provide special care and protection services to children and youth, especially girls and young women who are at risk of abuse, exploitation and trafficking and to those working in the Adult Entertainment Sector (AES). Similarly, the project is also focused on strengthening the capacity of low-income communities and their families for the protection and well-being of their children, young women and to influence public attitude change towards females. The project follows two strategic approaches: a. Preventive Approach and b. Rehabilitative Approach.

Preventive Approach

The Preventive Approach involves community empowerment activities. The project is currently working in 3 low-income communities of Pokhara. These activities include education programmes, such as providing educational support to school girls, running early childhood development (ECD) centers, as well as remedial classes, career guidance sessions for high school girls, vocational training and job placement for unemployed youth, and awareness campaigns on various social issues. 1289 children, girls and youth are reached directly through preventive approach.



Rehabilitative Approach

The Rehabilitative Approach works with the focus on activities such as: rescue of under-aged girls working in AES, transitional care services and facilitating family reintegration, psychosocial counselling, soft skills, career guidance and opportunities for alternative careers both for the girls and women who want to exit the AES sector. 740 at risk girls and women were directly reached out through the rehabilitative programmes.

FAB Hotel School

The primary goal behind the establishment of FAB School was to extend its reach to underprivileged youth, offering them hospitality training of superior quality. This initiative seeks to empower young individuals by equipping them with employable skill sets, facilitating their access to decent job. FAB School therefore aims to develop sustainable livelihoods of the youth and their families. The school provides comprehensive training in different occupations related to the hospitality industry, including F&B (food and beverage) service, production, housekeeping, front office operations, bakery, and laundry services. In the current year, **132 (64 girls and 68 boys)** trainees were trained that included short term training program and long term apprenticeship program. A total of **30** were placed in job so far during the year.



Promoting young women in employment in Pokhara-PYWEP

Right4Children in collaboration with Plan international implemented the project that aimed to work with a motivated workforce and employers to advance decent work and gender equality within workplaces. The project successfully achieved its goal of delivering market-oriented vocational training to **740** young women aged 18-24 and their smooth transition into quality employment opportunities. Of the total young women enrolled in the programme, 720 completed the training and almost 60% of those who completed the training, have transited to employment immediately. Besides, 83 trained young women were provided with start up support to start a business in the occupations related to their respective trainings.



Child friendly school- CFS

In the current year, CFS is engaged with 26 schools as part of the 2019-2022 framework's follow-up phase. CFS' focus on improvement of physical infrastructure- (e.g., playground), teaching-learning aspects as well as improving safety and protective environment in schools. Additionally, the project is also promoting extra-curricular activities.

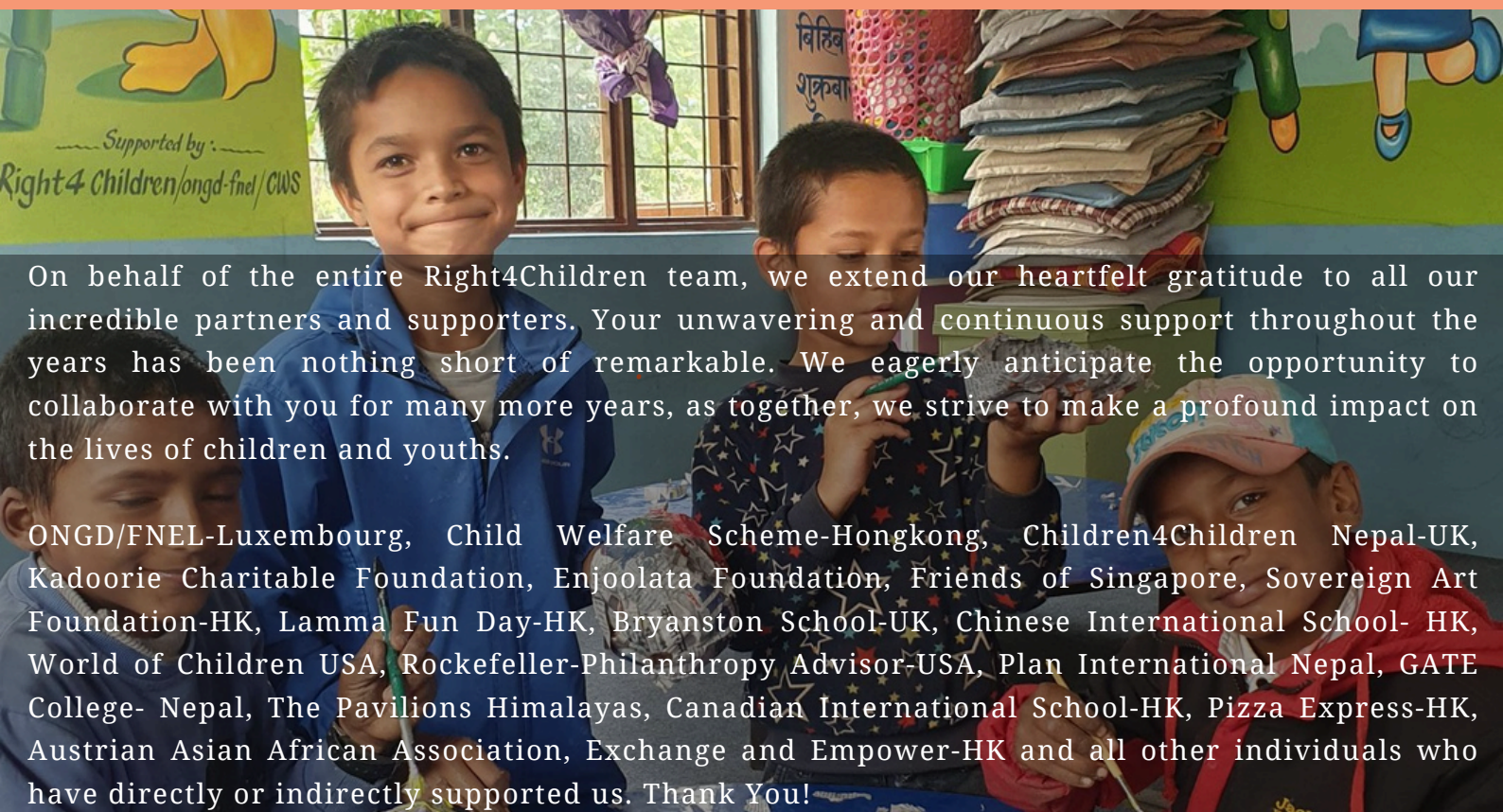
Student and parents centered initiatives such as self-defense training, basic fine arts, sports training, and parental education at the municipal level were some of the diverse programmes offered by the project this year.

A total of **2842** children (1510 female and 1332 male), **1980** parents (1188 female, 792 male), **61** teachers (40 female, 21 male) were directly reached by the project, making the total direct beneficiaries **4883** by the mid year.



OTHER PROGRAMS AND ACTIVITIES

1. *RIGHT2RUN (R2R)*
2. *SPORTS IN SCHOOL (SIS)*
3. *RADIO PROGRAM-MILIJULI BOLAU*



On behalf of the entire Right4Children team, we extend our heartfelt gratitude to all our incredible partners and supporters. Your unwavering and continuous support throughout the years has been nothing short of remarkable. We eagerly anticipate the opportunity to collaborate with you for many more years, as together, we strive to make a profound impact on the lives of children and youths.

ONGD/FNEL-Luxembourg, Child Welfare Scheme-Hongkong, Children4Children Nepal-UK, Kadoorie Charitable Foundation, Enjoolata Foundation, Friends of Singapore, Sovereign Art Foundation-HK, Lamma Fun Day-HK, Bryanston School-UK, Chinese International School- HK, World of Children USA, Rockefeller-Philanthropy Advisor-USA, Plan International Nepal, GATE College- Nepal, The Pavilions Himalayas, Canadian International School-HK, Pizza Express-HK, Austrian Asian African Association, Exchange and Empower-HK and all other individuals who have directly or indirectly supported us. Thank You!

Please support us to provide valuable services to protect and educate children and young people.

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