

# ANNUAL REPORT 2024



**Bryanston visit  
to Pokhara**



**Dental health  
camp in Nawalpur**



## **A Year of Impact!**

Right4Children empowered 18,586 lives through the programs, education, and vocational training. Together, we are building hope and creating opportunities in some of the most vulnerable communities in Nepal.

## About

# Right4Children

Right4Children (R4C) is a nonprofit, non-governmental organization founded in January 2013 with a mission to empower vulnerable children, young people, and women. R4C is dedicated to helping them access their rights, overcome challenges, and create better futures. Through advocacy, education, and support, R4C strives to uplift communities and inspire positive change.



### VISION

**A life in which vulnerable children and young people exercise their rights and voices, and reach their full potential.**



### MISSION

**To assist those children and young people obstructed to develop and live their life, to realize the change they have always desired.**

## Message from the Founders

It is with great pleasure that we are able to report a closure of another exciting year for Right4Children. We saw growth in terms of our team, project outputs, number of beneficiaries reached (18,586 direct and indirect in the year 2024), diversity in fundraising partners and activities implemented. We are working in a new district Nawalpur, delivering an educational project in government schools called SIQAEE (Learning), similar to the Child Friendly School program we have been delivering in Kaski District (Pokhara & surrounding hill regions) over the past nine years. The FAB Hospitality Vocational Training School and the PRAYASS Project continue to go from strength to strength.

The PRAYASS Project has redefined into two strands, namely, the Community Development project focusing on low-income city community villages to prevent children and young people dropping out of school and ending up in high-risk labor circumstances such as the Adult Entertainment Sectors (AES); the other strand is the intervention in the ever-growing AES, which focuses on the rescue of under-aged girls trapped in dance bars, massage parlors and other such exploitive commercial sex enterprises flourishing in Pokhara. The project seeks to support those young adults that wish to leave this sector for more dignified vocational opportunities. However, the rescue, rehabilitation and reintegration parts are most challenging whether that be convincing owners



to release the young girls or by force in rescue raids in partnership with the community police, older beneficiaries who struggle to find similar earnings in more 'recognized' vocations in society, or for families and communities to accept their returning daughters with all the stigma that comes attached to where they have come from.

One of the biggest achievements for R4C is our strength in networking and collaboration with our stakeholders at all levels such as Community Police and Government agencies, schools, communities, like-minded NGO partners and of course the beneficiaries themselves. As a result of these strong partnerships, we were able to punch above our weight, deliver quality and impactful services reaching most of our set targets.

All of this could not have been done without our incredibly motivated and professional teams on the ground and indeed our wonderful and loyal supporters and funding partners.

Thank you all so very much!

**Douglas & Insuba**  
Co-Founders



## Sarita's Journey

### From Struggles to Empowerment



***Challenges did not break me; they made me stronger. When I understood my rights, I was able to empower others. Change is possible if we dare to move forward!***

Sarita, a single mother from the Tharu community, once faced overwhelming challenges. Married at a young age without her consent, she found herself in a large household of 17 members, navigating a life with little independence. After moving to Pokhara with her husband, she was left to raise her son alone when he abandoned her.

With no financial support, Sarita worked tirelessly—waiting tables in a guesthouse during the day and in a dance bar at night—to afford necessities and her son's education. The long hours, unsafe working conditions, and the emotional strain of being away from her child made life extremely difficult. Despite the hardships, she longed for a way out—not just for herself, but for other women trapped in similar circumstances.

Her turning point came when she connected with PRAYASS Project, a project supported by Right4Children. Through social and recreational events and legal awareness programs at the SHE-Center, she learned about workers' rights, the risks faced by young girls in the entertainment sector, and avenues for empowerment. Determined to create change, she became actively involved in advocating for the protection of vulnerable women and children.

Recognizing her dedication, PRAYASS recruited Sarita as a Peer Educator. Over the past two and half years, she has become a



strong advocate for women's labor rights, ensuring better working conditions for those in the Adult Entertainment Sector. Today, she not only supports women workers but also leads a peer support group called FRIEND FOR SAFETY that promotes safety and empowerment.

Sarita's journey—from struggling as a single mother in a vulnerable work environment to becoming a leader for women's rights—demonstrates the profound impact of empowerment programs. Her resilience and commitment continue to inspire many, proving that with the right support, transformation is possible.



**Sarita (right-most) with her team**

## OUR PROJECTS

# PRAYASS PROJECT

## Protection from Risk and Assisting Young Girls and Women in Accessing Social Services Project

In 2024, the PRAYASS project strengthened its commitment to safeguarding vulnerable children and young people, continuing its efforts to reduce the risks of abuse, exploitation, and human trafficking. Building on last year's progress, the project intensified its investigations into the Adult Entertainment Sector (AES) in Nepal, which continues to grow rapidly in urban areas like Pokhara.

Within Pokhara Valley alone, there are 122 identified high-risk establishments, including restaurants, bars, spas, and dohori sanjh venues. These locations are often hotspots for exploitation, particularly affecting young girls. In response, the PRAYASS project has maintained its rescue operations while simultaneously raising awareness, reinforcing local support systems, and delivering essential interventions. These efforts are aimed at creating a safer and more protective environment for at-risk individuals.

Beyond rescue operations, PRAYASS has expanded its support programs to include remedial classes, vocational training, and career guidance, empowering young people with educational and employment opportunities. The project also prioritized health awareness, organizing quarterly checkups and specialized cervical health camps that have benefited numerous community members of low-income city community villages.



During a team-building workshop

### Major Highlights (Jan–Dec 2024)



#### ECD Centers

**5** ECD Centers were setup and 89 children (aged 3-5 years) enrolled



#### Remedial Classes

**228** at-risk children aged 6–17 received remedial classes



#### Education Support

**207** boys and girls received school supplies such as books, stationery items and uniforms



#### Health Camps

**42** general health camps and six cervical health camps organized, benefiting 3,250 people



#### Career Guidance

**2,959** students till date have received career guidance training



#### Vocational Training

**188** individuals trained, where 55 trained girls were placed in jobs



#### Outreach in AES

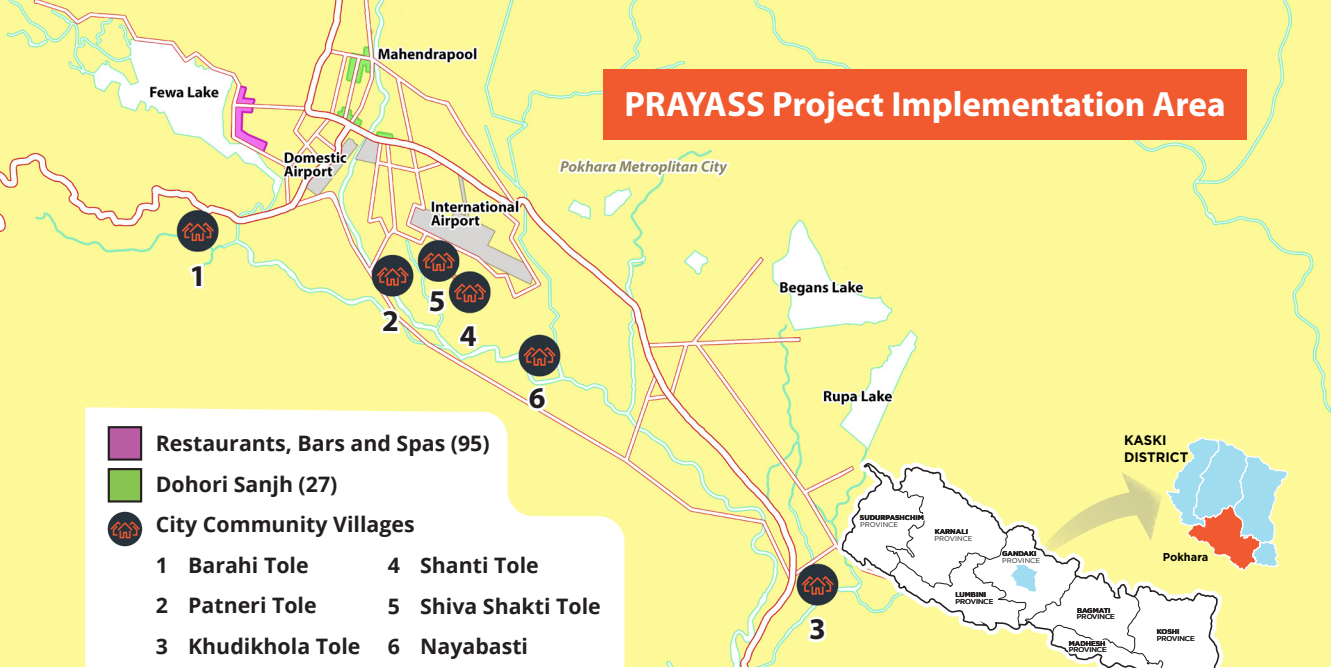
**158** outreach visits conducted reaching 420 new beneficiaries



#### SHE Centre

**7** health check-ups were conducted benefiting 105 girls and women





## Case story

# A Journey of Transformation

Geeta (name changed), a 37-year-old woman from Tanahun, moved to Pokhara-15, Ghitale, after facing domestic violence in her marriage. Married at 17, she endured physical and mental abuse from her husband, leading to their informal separation—Geeta took care of their son while her husband cared for their daughter. With no education or skills, she struggled to earn a living and was left with no choice but to work at Dohori Sanjh (a folk singing bar) as a waitress for five and a half years. The work environment was challenging, with customers mistreating her, and she earned a little income.

When the COVID-19 pandemic hit, Nepal went into lockdown, and Geeta lost her job. Homeless and struggling financially, she connected with “Right 4 Children,” an organization providing relief to people in the adult entertainment sector. Through the PRAYAS Project, she received essential support, including food aid, counseling, career guidance, health check-ups, and legal assistance. She participated in a three-month sewing and knitting course, financial literacy training, and received educational support for her children. Seeing her determination, the



organization helped her start her own business, enabling her to leave the adult entertainment sector.

Today, Geeta runs a tailoring business alongside seasonal fruit and retail sales, earning around NPR 10,000 per month from the tailoring. Her financial independence has allowed her to support her son’s education and health needs. She remains connected with “Right for Children” through the “Safety Partner Group,” where she helps other women transition to better opportunities. From being a program beneficiary to a change-maker, Geeta now inspires others to believe in themselves and work towards self-independence. She encourages women in similar situations to join the PRAYAS Project, proving that patience, skills, and determination can lead to a brighter future.



At one of the Right4Children-supported daycare center in Khudikhola, Pokhara-32, an ECD teacher provides nurturing care and a joyful space for children while their parents go to work. Photo: Anil Rai, R4C



## Some glimpses of activities under PRAYASS Project



R4C supported 16 Days of Activism against gender-based violence in Pokhara



## Some of the health camps conducted in 2024



## OUR PROJECTS

# CFS PROJECT

## Child Friendly School Follow-Up Support (CFS) Project

The CFS Project, launched in March 2024, continues to make significant strides in enhancing the educational landscape in Gandaki Province. Building on the success of the Child Friendly School initiative (2015-23), which impacted 76 schools and over 20,000 students, this follow-up project focuses on strengthening 12 community schools in Machhapuchchhre Rural Municipality.

CFS Project aims to improve teaching and learning environments by empowering educators, school management, and parents, while fostering student health and extracurricular engagement. Key activities under this project include Leadership and Management training for headteachers, School Management Committee members, and Parent-Teacher Association representatives. This year, 83 participants were from 38 community schools.

Machhapuchchhre Rural Municipality's community schools benefited from training, including leadership skills, child club management and pedagogical methods.

In addition, the project has benefited 46 teachers through early childhood material-making workshops. Also, through the project 60 primary level school teachers received child friendly pedagogical training while 988 participants received parental education.

A highlight of the year for the Project was the school health program, which conducted eye screenings for 1,061 individuals, identifying 170 students with vision issues and providing necessary treatments, including glasses for 32 students.

The project's emphasis on extracurricular activities also led to 862 students directly benefiting from art, dance, and sports sessions, with additional students participating in competitions. The initiative recognized sub-clubs such as the Smart Team, Temple Care Group and Junk Food Reduction Team distributed 385 badges for active participation.

A memorable moment occurred in October when 31 students and five teachers from Bryanston School, UK, visited Meghraj Basic School and Machhapuchchhre Secondary School. The exchange focused on the importance of extracurricular

activities, offering local teachers' insights into Western teaching methods and fostering cultural collaboration, and building a playground.

As shared by Samikshya BK, president of the Child Club at the Udaya Secondary School, we had a great time when Bryanston Juliet was here. The Romeo and drama and fashion show was something great and new experience.



During Bryanston students' visit

### Major highlights (Jan–Dec 2024)



#### Extra-Curricular Activities

**862** students actively participated in extra-curricular activities such as arts, dance and sports



#### Leadership Training

**129** participants including head teachers received leadership, management and/or pedagogical training



#### Health Screening

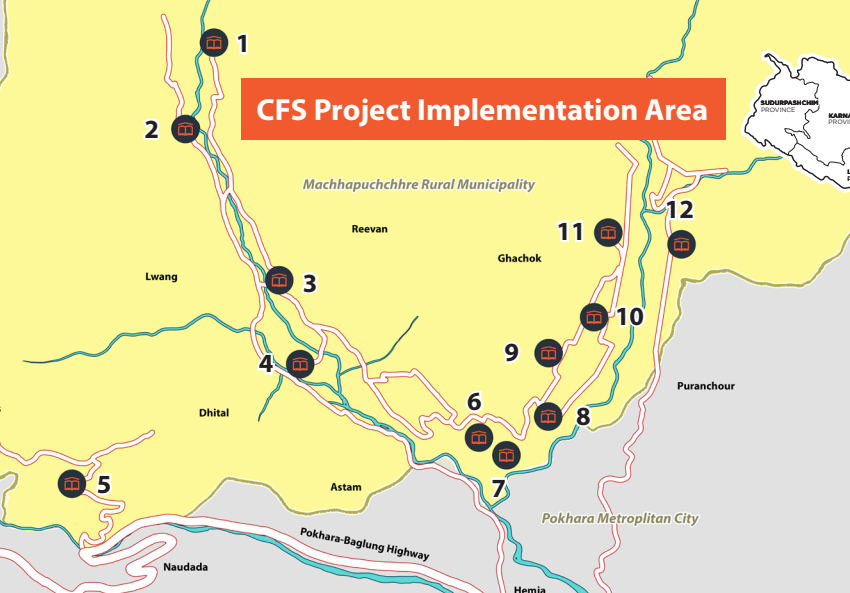
**1,061** students underwent eye screenings with 170 students identified with vision issues



#### Parental Education

**988** individuals including parents and teachers received parental education





## CFS Project Implementation Area

1. Gaurishankar Sec. School
2. Tarebaraha Basic School
3. Nispakshya Sec. School
4. Baraha Secondary School
5. Udaya Secondary School
6. Mahendra Sec. School
7. Deurali Basic School
8. Shukla Gandaki Sec. School
9. Balkalyan Basic School
10. Meghraj Basic School
11. Sharada Secondary School
12. Machhapuchchhre Sec. School

## Case story

### From village trails to Olympic dreams

Anup Nepali, a 15-year-old student in Class 9 at Machhapuchchhre Secondary School, Bhurjungkhola, is passionate about running. He lives in Ghachowk, Machhapuchchhre Rural Municipality, with his parents and two older brothers. His family relies on farming for their livelihood.

Anup was introduced to running as a career option in 2023 when Right4Children implemented the Right2Run (R2R) program at Meghraj Basic School, where he was studying in Class 8. Under the guidance of Nitu Tamang, a sports coach at R2R, he began attending morning trail running sessions. Since then, he has competed in 16 races, including Inter-school competitions, Syangja Running (10KM), Fishtail Running (5KM), Panchase Running (5KM), Parbat Running (8KM), and an international cross-country event.

Through these competitions, Anup has experienced both success and failure, which have shaped his resilience and determination. His journey has not only improved his physical abilities but also transformed his attitude and behavior.

Right2Run has provided him with essential support, including shoes, t-shirts, diet snacks, and competition assistance, motivating him and his fellow athletes.

Anup dreams of competing at the national level, advancing to international events, and one day participating in the Olympics. Inspired by his coach, he aspires to mentor young athletes in the future. He is grateful to Right4Children and Right2Run for their continuous support and hopes such programs continue to uplift aspiring athletes like him, providing them with the exposure and encouragement needed to take bigger steps in life.



Anup with a winning trophy

## OUR PROJECTS

# SIQAEE PROJECT

## School Improvement for Quality Assurance and Enhancement in Education Project

Launched in January 2024, the SIQAEE Project is committed to transforming schools in Hupsekot and Baudikali Rural Municipalities of Nawalpur District into centers of excellence. Guided by the principles of the Child-Friendly Schools (CFS) initiative, SIQAEE focuses on enhancing school infrastructure, strengthening Early Childhood Development (ECD) programs, empowering teachers, and integrating Information and Communication Technology (ICT) for modern and effective learning experiences.

A key feature of the project is its collaborative approach, working closely with local communities to build a robust educational support system. By promoting child rights advocacy, facilitating international school exchanges with Luxembourg, and organizing a variety of extracurricular activities, SIQAEE aims to provide students with enriching learning experiences that go beyond traditional classroom settings.

Understanding the vital role of families in a child's education, SIQAEE actively involves parents to encourage their positive engagement in their children's academic journey. By fostering a strong partnership between schools and families, the project seeks to create a nurturing and inclusive learning environment where every child can thrive.

Highlighting its commitment to improving educational infrastructure, the project recently completed the construction of a new school building with three classrooms. This development not only enhances the learning environment but also symbolizes the project's ongoing dedication to educational excellence and community empowerment.

### Major highlights (Jan–Dec 2024)



#### School Building

**3** classrooms were built in a school and windows and doors were renovated in six schools



#### WASH Support

**6** schools were provided with sanitary materials and four schools with WASH support



#### Teachers Training

**169** teachers trained in pedagogy, ECD, ICT, Leadership & Management



#### Parental Education

**694** parents were reached through parental education sessions



#### Remedial Classes

**145** students with weak learning outcomes enrolled in remedial classes



#### Self-defense Training

**244** female students received self defense training



#### Health Support

**1,455** students reached through dental camp, menstrual hygiene and reproductive health training



#### Furniture Support

**6** schools were provided with merry-go-round table



Dental Health Camp in Maulathar



## OUR INITIATIVE

# FAB SCHOOL

## FAB Hospitality Vocational Training School

Over the past year, FAB School has continued its mission of empowering young people from disadvantaged backgrounds through comprehensive hospitality training. A total of 134 beneficiaries received specialized training in various fields, including Food & Beverage Service and Production, Housekeeping, Front Office, Bakery, and Laundry. Notably, 50 of these trainees were girls who excelled in Barista Services, Bakery, and Housekeeping courses.

FAB School remains dedicated to providing second chances for youth by connecting them with rewarding job opportunities and equipping them with the confidence to succeed in today's competitive job market.

Additionally, we are proud to offer our trainees valuable opportunities to enhance their English language and IT skills, ensuring they are well-prepared for their future careers.



## OUR PROJECTS

# SUCCESS PROJECT

## Sustainable Unified Communities Children, Education, and Social Services Project

From July to December 2024, the SUCCESS project made remarkable strides in improving education, health, and vocational opportunities across nine vulnerable communities in Pokhara.

### Key achievements include:

- ☑ **Health & Well-being:** Three health camps provided screenings for 453 individuals, identifying and supporting suspected cervical cancer cases. Emergency aid helped a critically injured child receive life-saving treatment.
- ☑ **Early Childhood Development (ECD):** 89 children benefited from five ECD centers, fostering learning and nutrition while enabling parents to pursue livelihoods. A new ECD center in Nayabasti and community involvement enhanced sustainability.

- ☑ **WASH:** Over 1,500 people gained access to clean water through a bore-well and filtration projects. Sanitation improvements, including an ongoing toilet construction in Samintara, promoted hygiene.
- ☑ **Community Engagement & Safety:** The "Friends for Safety" group empowered women in the adult entertainment sector, providing legal, healthcare, and social support while rescuing underage workers.



Children using tap water in Khudikhola



## Some glimpses of activities under CFS Project



Distribution of t-shirts and shoes (R2R)



ECD training



Pedagogy training to teachers



Leadership and Management training



Trail running session in the morning



Self-defense training



## Some glimpses of activities under SIQAEE Project



Sanitary pad vending machine



Three-room classroom built at Hupsekot



Books corner at Suryajyoti, Hupsekot



Internal monitoring visit



Parental session at Hupsekot

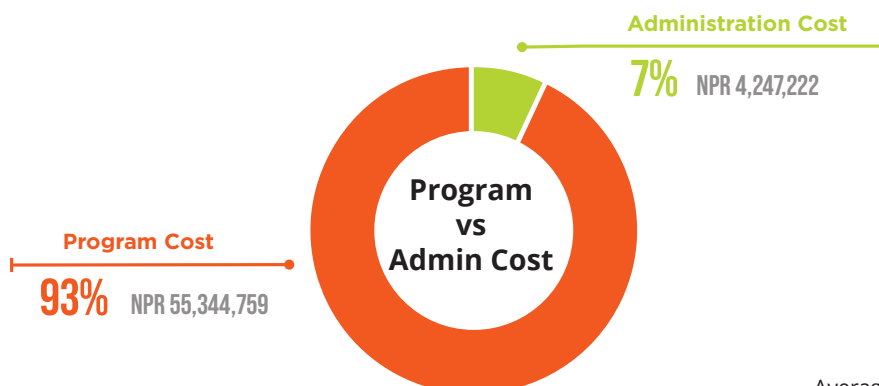
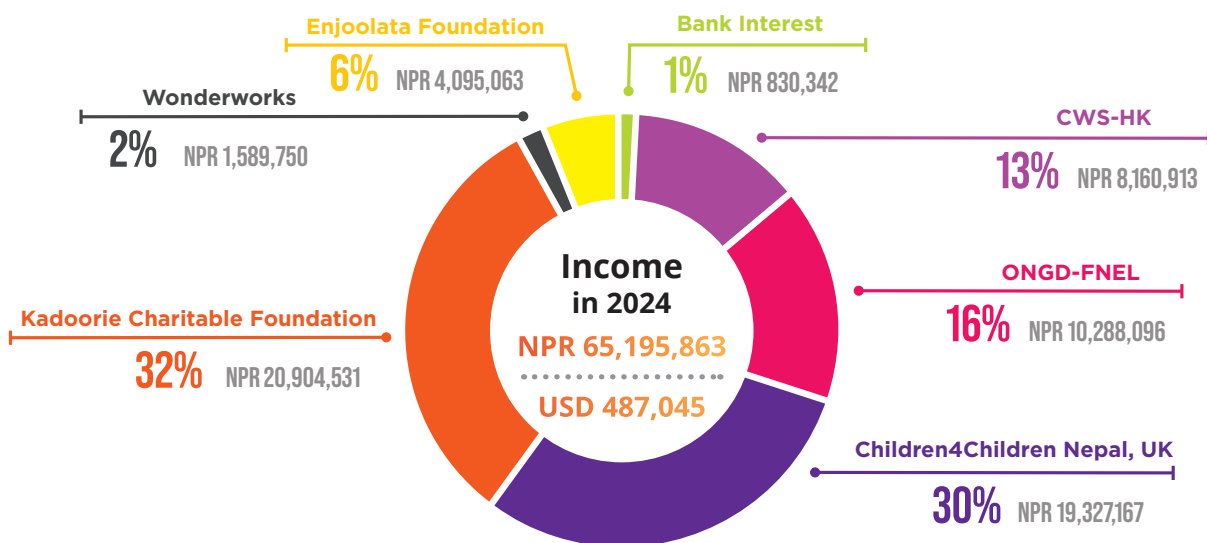
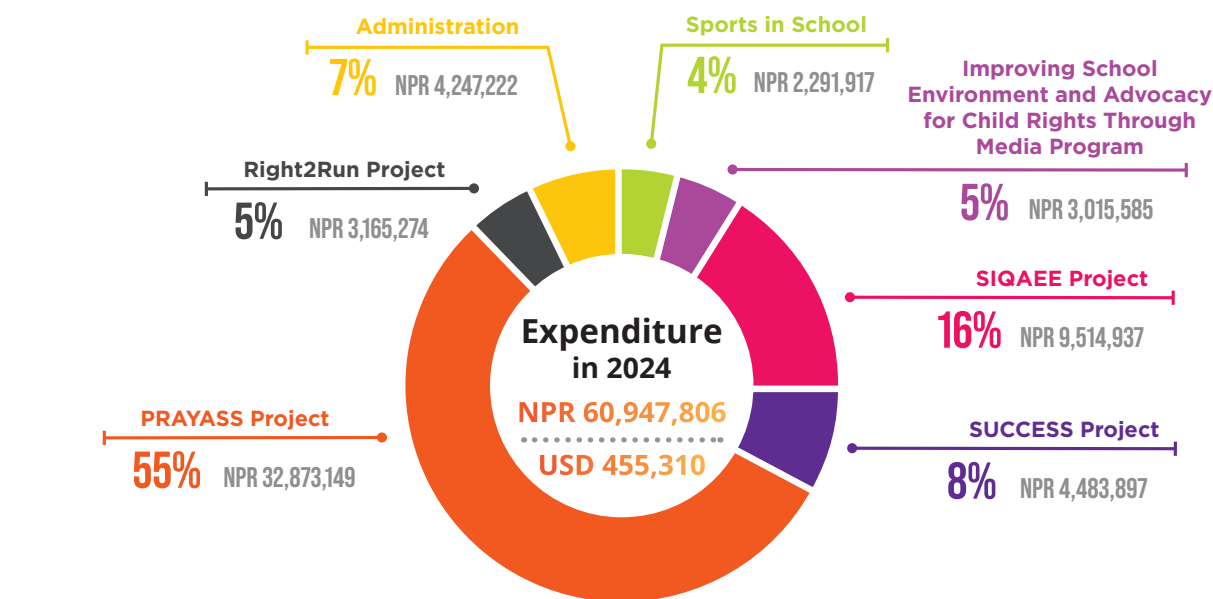


Toilet renovation at Suryajyoti



Mural art, carpeting and furniture support

# FINANCIAL OVERVIEW



Average Exchange Rate:  
USD 1 = NPR 133.86



Message from the  
**Chief Executive Officer**



As we step into 2025, we proudly reflect on 12 years of dedicated service aimed at improving the lives of many, especially children. The past year, 2024, was a testament to our determination, devotion, and the joy we find in our work.

We launched the SIQAE Project, set to transform education in Hupsekot and Baudikali Rural Municipalities in Nawalpur. After successfully completing CFS Project in 26 community schools in Kaski district, we continue with follow-up support in 12 community schools in Machhapuchchhre Rural Municipality.

Our PRAYASS Project remains a cornerstone of our efforts, focusing on protecting 6,000 vulnerable children, particularly girls and women, from risks and enhancing their access to social services.

In 2025, we are excited to start a new one-year project, the Community Education and Child-friendly Support Project (CECSP), aimed at uplifting educational outcomes and fostering child-friendly governance in Pokhara. This initiative will target approximately 2,125 people from marginalized backgrounds.

We are passionate about our mission and are driven by the trust and support of our valued partners. Your encouragement inspires us to strive for excellence every day.

Creating opportunities and fostering hope for a better life requires hard work and unwavering commitment. We extend our deepest gratitude to all our partners for their continuous support. Together, we can achieve even more!



Watch awareness raising public service announcement produced by Right4Children



Visit our YouTube channel to watch or listen to our audio and videos.

@right4children327

**THANK YOU!**

**to our amazing partners, back donors and supporters for all your invaluable contributions, partnerships and collaborations.**



**And to all the partners including but not limited to Friends of Singapore, Sovereign Art Foundation (Hong Kong), Pizza Express (Hong Kong), Simon Oldham and Beaufort House (UK), Exchange & Empower (Hong Kong), Chulie Davey, Ruby and Minoo N. Master Charity Foundation, OLN, Pret A Manger, Emily Shaw, Yan D'Auriol and to many other organizations and individuals who contributed directly or indirectly to transforming lives.**



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