

Year 11 • Issue 16 • September 2024

HOPES

Opportunities

RIGHT4CHILDREN'S BI-ANNUAL NEWSLETTER



ABOUT

Right4Children

Right4Children is committed to helping children and youth access their rights through programs and services that truly make a difference, bringing smiles, ensuring safety, and improving lives.

Since obtaining official NGO status from the Social Welfare Council and registering as a Nepali non-governmental organization in the Kaski district in January 2013, we have dedicated over a decade to serving vulnerable children, youth, and women. Our commitment lies in serving these disadvantaged communities in both urban and rural municipalities and working towards bringing about positive change in the lives of those who reside there.



VISION

A life in which vulnerable children and young people exercise their rights and voices, and reach their full potential.



MISSION

To assist those children and young people obstructed to develop and live their life, to realize the change they have always desired.

Message from CEO



We are pleased to share this year's first newsletter Hope & Opportunities, as we move into the second half of 2024. This has been a period of transition and growth for Right4Children (R4C), and I am

honored to step into the role of *Acting CEO* following the departure of our former *CEO*, **Anil Paudel**, who has moved on to new opportunities in Kathmandu.

I want to express my gratitude to our Executive Board for their trust in me. I am excited to lead R4C into this new chapter. I also want to thank Anil Paudel for his incredible contributions, which have laid a strong foundation for us as we continue our mission, now in our 11th year since starting in January 2013.

We've recently welcomed two new senior members: **Rashmina Ranjit**, our *Chief Finance Officer*, and **Anil Rai**, our *Marketing, Media, and Communication Manager*. Additionally, **Santosh Gurung** joined us in April as the new Project Manager for PRAYASS and **Smritee Gurung** promoted as the new *Project Coordinator for Child-Friendly School Follow-Up Support Project (CFS-FSP)* from June 2024. Their expertise, combined with our existing team, will drive R4C forward with renewed energy.

This year is a significant milestone for us as we are expanding beyond Kaski for the first time.

Our new project, **School Improvement for Quality Assurance and Enhancement in Education (SIQAEE)**, led by **Surya Gaire**, is now being implemented in Nawalpur. We are applying the best practices from Kaski to create a broader impact in Nawalpur.

Alongside SIQAEE, our ongoing projects include PRAYASS, CFS and the **FAB Hospitality School** — continue to serve, thanks to the dedication of our team and the continuous support of our partners.

I want to take this opportunity to thank our **Executive Board** for their continuous guidance, support, and oversight, ensuring that R4C remains aligned with our mission and compliant with all regulations. I am also deeply grateful to the communities, beneficiaries, schools, and government stakeholders who work closely with us to create positive change.

Our journey would not be possible without the generous support of our funding partners and the invaluable mentorship of our *Founder and Chief Technical Advisor*, **Douglas Maclagan**. Your commitment to our cause fuels our efforts and helps us reach new heights.

Kriti Shrestha
CEO

OUR PROJECTS

PRAYASS

The PRAYASS project is dedicated to safeguarding vulnerable children and youth, particularly girls who are at risk of abuse, exploitation, and trafficking, especially those in the Adult Entertainment Sector (AES). With the growing presence of the AES in Nepal, particularly in urban centers like Pokhara, many young girls are being exploited due to a lack of awareness of their rights.

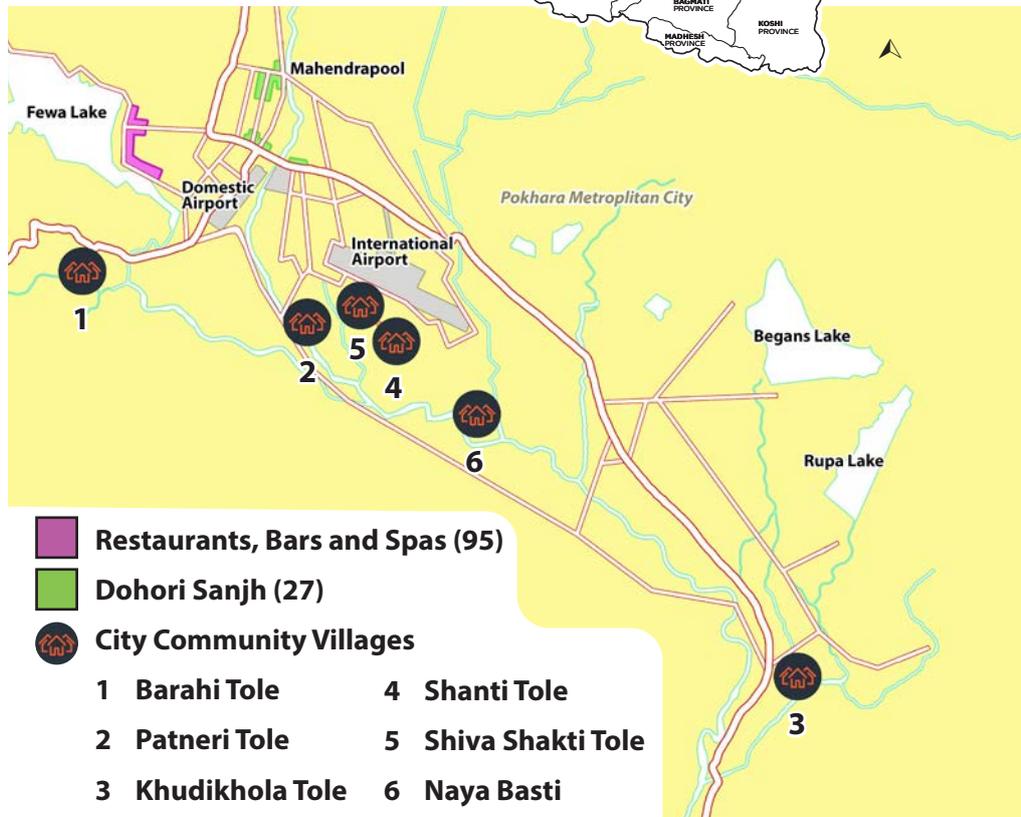
The PRAYASS project is being implemented in six low-income communities around Pokhara. Its target groups include children, youths, girls, and women. It operates with a two-pronged approach: Prevention and 3Rs (Rescue, Rehabilitate, Reintegrate).



ECD refresher training

One of the main focus areas of the project is the adult entertainment sector (AES), which has experienced significant growth in Nepal since 2015. This rapid expansion, without proper oversight, poses risks to the community and those involved in the industry. With Pokhara being

recognized as Nepal's Tourism Capital, addressing issues in this sector has become more crucial than ever.



Health camp at Ward No. 15, Pokhara



ECD Centre



Parental meeting

Major highlights of PRAYASS Project (Jan–June 2024)



ECD Centers

4 ECD Centers were setup and 63 children (aged 3–5 years) enrolled



Remedial Classes

246 at-risk children aged 6–17 received remedial classes



Education Support

182 boys and girls received school supplies such as books, stationery items and uniforms



Vocational Training

138 individuals trained and 34 trained girls placed in jobs



Health Camps

3 special cervical health camps and 6 general health camps organized, benefiting 564 people



Outreach in AES

100 outreach visits conducted reaching 405 new beneficiaries



SHE Centre

7 health check-ups were conducted benefiting 341 girls and women



Career Guidance

925 students and 20 teachers received career guidance training

Fighting for Justice



Priti (name changed) is a 19-year-old woman from the Muslim community in Vyas Municipality, Tanahun District. She resides with her parents, two younger brothers, one younger sister, and one married older sister.

Despite her father's alcoholism and unwillingness to help with household chores, Priti's mother supports the family by working in others' fields.

Priti had to leave school after 8th grade to help her mother with household and fieldwork and to support her sibling's education and household expenses. She has always been hardworking from a young age.

Unfortunately, Priti's life took a tragic turn when, one day, her father in a drunken state, raped her while her mother was away. This pattern continued, with threats of violence if she told anyone about the abuse. The ordeal left Priti mentally disturbed, leading her to eventually leave home and work as a dishwasher, alongside working at other people's houses.

With the help of a neighbor,

Priti sought protection at **Kopila Nepal**, our partner based in Pokhara for running SHE Shelter for such girls and women, and filed a case against her father at the Tanahun district court. Initially, she was silent at the SHE Shelter, but she opened after receiving psychosocial counseling. Recognizing her interest, she underwent three months of tailoring training, which she found empowering.

Despite facing threats and political pressure from her uncle and father, Priti persisted with the organization's support, completing the legal process against her father. She is currently engaged in on-the-job training for tailoring and is working towards obtaining her citizenship with the organization's assistance.

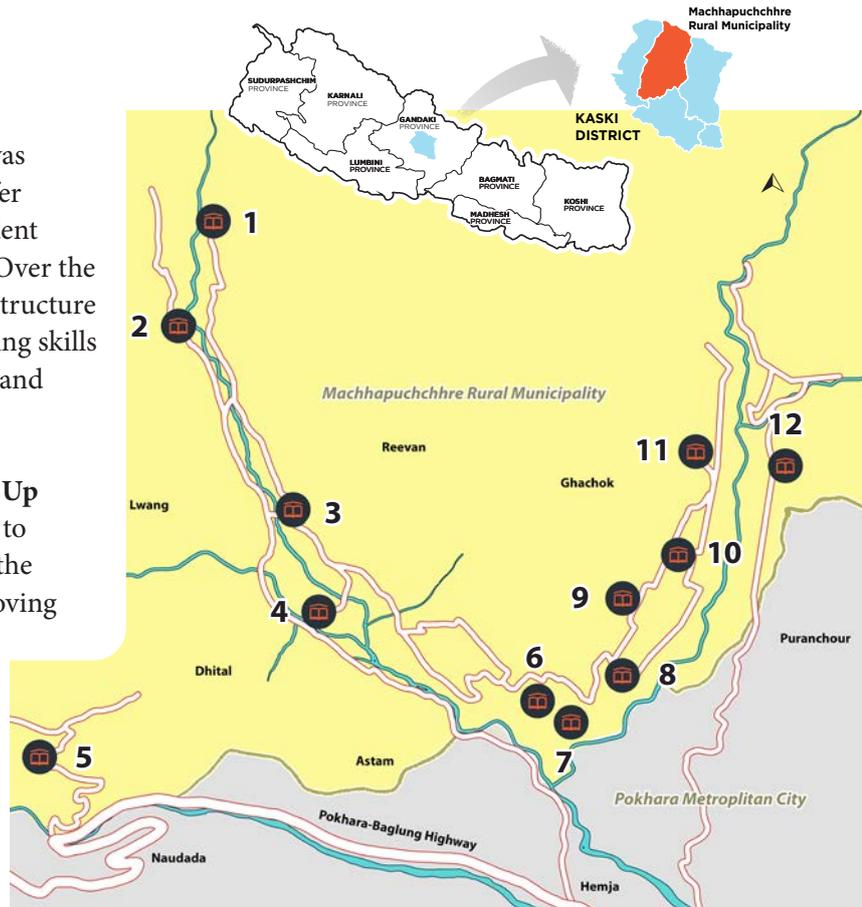
Priti's story is one of resilience and determination in the face of adversity, showcasing her journey from victimization to empowerment.

OUR PROJECTS

CFS

The Child-Friendly Schools (CFS) project, which was implemented from 2015 to 2023, aimed to create safer and more welcoming public schools to increase student attendance, happiness, and academic performance. Over the course of nine years, the project improved the infrastructure and facilities of 80 public schools, including enhancing skills of head-teachers, teachers and school management, and raised community awareness of child rights.

After the initial CFS project ended, the **CFS-Follow Up Project** (CFS-FSP or just CFS) was initiated in 2024 to maintain and expand on the achievements made in the schools. The CFS now mainly concentrates on improving the educational and developmental aspects in 12 schools (eight existing schools and four new schools). This includes training for headteachers and teachers, parental education, community engagement to create child-friendly environments, and offering extracurricular activities such as arts, drama, and sports. Additionally, the project aims to promote child rights through advocacy programs.



Child club management training



ECA activities (Dance) Meghraj School

1. Gaurishankar Sec. School
2. Tarebaraha Basic School
3. Nispakshya Sec. School
4. Baraha Secondary School
5. Udaya Secondary School
6. Mahendra Sec. School
7. Deurali Basic School
8. Shukla Gandaki Sec. School
9. Balkalyan Basic School
10. Meghraj Basic School
11. Sharada Secondary School
12. Machhapuchchhre Sec. School

Major highlights of CFS Project (Jan–June 2024)



Extra-Curricular Activities

1,041 students actively participated in extra-curricular activities such as arts, dance and sports



Leadership Training

33 participants including head teachers received leadership and management training



ECD Training

18 pre-primary teachers received early childhood development training



Parental Education

864 individuals including parents and teachers received parental education

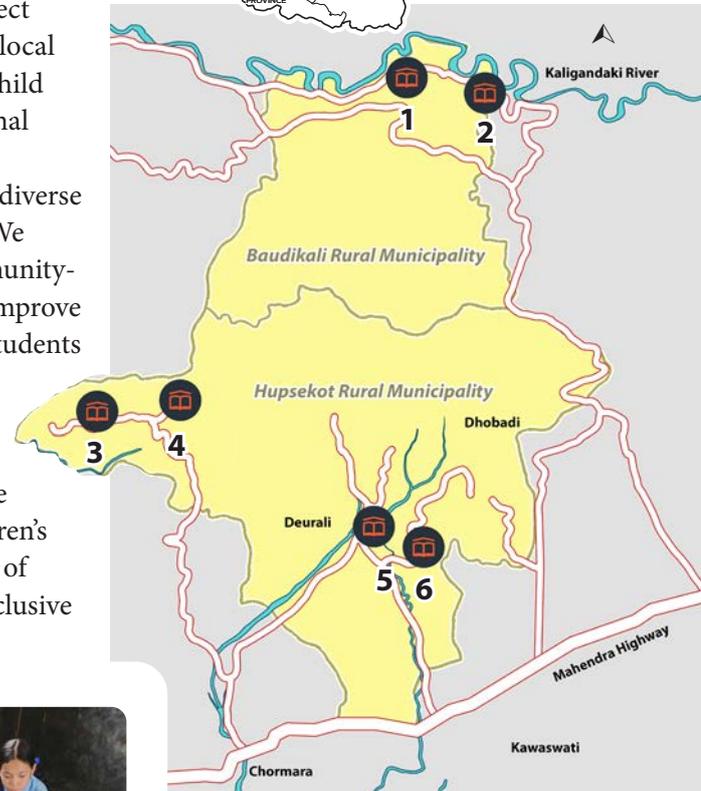
OUR PROJECTS

SIQAEE

The School Improvement for Quality Assurance and Enhancement in Education (SIQAEE) project began in January 2024 intending to transform community schools into centers of excellence in Hupsekot and Baudikali Rural Municipalities of Nawalpur district. This project is similar to the now phased-out CFS project and focuses on improving school infrastructure, enhancing Early Childhood Development (ECD), empowering teachers with creative teaching methods, and integrating ICT for modern learning.

The key aspects of the project include collaborating with local communities, promoting child rights, fostering international exchanges with schools in Luxembourg, and offering diverse extracurricular activities. We have also conducted community-based remedial classes to improve the learning outcomes of students at home and in schools.

Additionally, we involve parents to promote positive participation in their children's education, all with the aim of creating supportive and inclusive educational environments.



- 1 Dedhgaun Secondary School
- 2 Dharmatma Secondary School
- 3 Hupsekot Sec. School, Maulathar
- 4 Hupsekot Sec. School, Birukharka
- 5 Jwala Secondary School
- 6 Suryajyoti Secondary School



Need assessment and project orientation at a school in Hupsekot



Child club management training at Jwala Secondary School, Hupsekot-4

Major highlights of SIQAEE Project (Jan–June 2024)



Extra-Curricular Activities

265 students participated in extra-curricular activities such as arts and dance



ICT Training

34 participants including head teachers received leadership and management training



ECD Training

42 teachers (all female) received ECD training



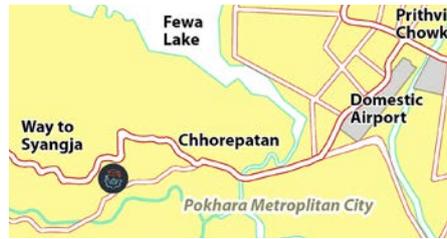
Parental Education

250 parents (69 M, 181 F) received parental education

OUR INITIATIVE FAB SCHOOL

After successfully running a hotel and hospitality training program for disadvantaged Nepali youth for seven years, Right4Children established its own hospitality training school in Pokhara—The FAB School—in 2017.

FAB School specializes in offering various hospitality courses such as food and beverage service, house-keeping, front office



management, and more. The school aims to equip young people with the necessary skills for careers in the hospitality industry, whether it be locally or internationally. Since its establishment, FAB School has trained over 647 youths, assisting them in securing better futures.

In collaboration with GATE - Nepal's leading hotel management college, FAB School aims to become



an exemplary training institution, contributing to the growth of Nepal's tourism sector and offering top-level training to underprivileged youth.

Currently, there are 20 female students at FAB School, with four in housekeeping and 16 in the Barista cum Service course. Last year, 36 FAB graduates found employment.



Know our staff BIBHA BK

At just 20 years old, Bibha has already faced challenges that many would find overwhelming. Originally from Myagde-4, Tanahun she grew up in foster care in Pokhara after losing her parents early in life. Though she sometimes stayed with her grandparents, her upbringing was largely shaped by an NGO that provided her with the schooling and support she needed.

Today, Bibha works as a Peer Educator at Right4Children, a role she took on in February 2024. Her work involves outreach to girls and young women working in the adult

entertainment sector (AES) such as restaurants, bars, spas, and Dohori Sanjh, where exploitation and abuse are common. "It's a challenge," she says, describing how her team must approach these women discreetly to offer support. The risks of being exposed or mistreated by the establishment owners are very real, yet she is determined.

Despite the difficulties, Bibha's background has uniquely prepared her for this work. Her childhood experiences gave her a deep understanding of how development organizations like Right4Children can shape lives. Supported by an NGO during her formative years, she now aims to give back by helping underprivileged and vulnerable girls, young women and youths.

Bibha's journey with Right4Children began earlier when she received Barista training through the organization's vocational training program. Although she worked at a café for five months, financial pressures forced her to leave. She though continued her studies, now pursuing a Bachelor's degree in Arts with a focus on Rural Development.

She balances her academic ambitions with her commitment to making a difference in her community.

Bibha was the president of her community's child club, and she is no stranger to leadership and activism. She previously organized school and community campaigns, distributing school supplies and raising awareness among children. Her work at Right4Children allows her to build on those experiences, using her public speaking and hand-crafting skills to reach out to and befriend girls and women in AES sectors in Pokhara.

Her role, while rewarding, comes with its own set of challenges. Bibha describes the late-night outreach sessions as particularly difficult, citing the security risks of traveling home at night. However, she remains committed to her work, expressing a deep love for the outreach efforts in supporting girls in need.

Bibha's story embodies resilience, empowerment, and dedication, reflecting Right4Children's mission to empower vulnerable communities and create lasting change.

Message from the Founders



We are delighted to welcome a few new faces in our management, project, and grass-root levels. New projects to address newly identified problems and concerns in child rights and their protection, demand new experts and energy and that is exactly what we have focused on over the past six

months. It has been a very busy period as a result of integrating these new sparks of energy into the teams and the organization. There is a superb buzz around the Right4Children office and out in the field where the real power of interaction takes place between us and the communities we work in.

We wish you all the very best moving everything we do to new heights. One thing is for sure that the power of working together with fun, buzz, and energy, is incredibly inspiring and motivating...

Thank you all so very much!

Best wishes,
Douglas & Insuba

Watch awareness raising public service announcement produced by Right4Children



Visit our YouTube channel to watch or listen to our audio and videos.

[@right4children327](https://www.youtube.com/channel/UC...)



Thank you!

We are grateful for the generous support and contributions from our partners and supporters, which have made all of this possible.



Unfortunately due to space limitation we've only been able to mention a few partners here. For a complete list, please visit our website.



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