



7 years of
**Right 4
Children**

WHERE HOPES & OPPORTUNITIES MEET

NEWSLETTER

(July to December 2019)

This newsletter celebrates Right4Children's 7th year anniversary (estd. January 3rd 2013) in which many achievements are worth mentioning here. We decided to focus our activities within the areas of education, protection and livelihood.

Within the framework of education, we have been implementing our Child Friendly School project with the goal to make community schools more attractive, fun and safer places for children to be. So far, the project has supported 54 community schools in Kaski to improve their teaching-learning as well as physical environment. Besides, we also supported the government of Nepal to rebuild 5 community schools in Marpak village of Dhading District under the Earthquake Rebuild Project reaching out to 954 children and 49 teachers.

Within the area of protection, we have been educating the general public and advocating for the protection of child rights through Milijuli Bolaun Children's Radio programme and Child Rights through the Art project. For this, we are using different media platforms and visual art as the powerful tools which have been well received by the stakeholders.

Within the theme of livelihood, we provided 139 disadvantaged youth a job placement opportunity in the hospitality sector following the training programme in one of the hospitality related courses. In 2017, the programme was extended to establish our own training center 'FAB Hotel School', since then approximately 100 plus young, people from disadvantaged backgrounds have been trained each year.

7 impact projects in 7 years

1. Hospitality Training and Placement Programme (2013-2017)
2. Milijuli Bolaun Children's Radio Programme (2014-ongoing)
3. Child Rights through Art (2015-ongoing)
4. Child Friendly School Project (2015-ongoing)
5. Earthquake Rebuild Project (2015-2018)
6. FAB Hotel School (2017-ongoing)
7. Promotion Young Women in Employment in Tourism Sector (2019-ongoing)

In the past 7 years, Right4Children has directly reached out to **16,255** people and indirectly to around **46,500** people. The results and achievements we have had in this period has further encouraged and strengthened our commitment to do more. On this special occasion, we would like to thank all our funding partners, supporters, beneficiaries and other stakeholders without whose kind support our good work would not have been possible.



Empowering **Girls** through Sports

Traditionally, girls have always been deprived of opportunities to participate in sports activities as sports is mainly male dominated in Nepal. There has been no or very little efforts to promote girls' participation in sports.

Realizing this fact, R4C initiated a new component of Sports in School (SIS) within the framework of the Child Friendly School project with the aim of providing equal opportunities to girls in sports. Sports in School was piloted in 3 of the 6 beneficiary schools. The programme was well received by the girls. They were very happy, excited and enthusiastic to take part in sports activities.

'I learnt a lot of self-defense techniques by participating in Karate sessions. It also helped me boost my self-esteem and energy. It was a great opportunity for me to lead my team to perform the karate show in the recent Parents' Day at school'

-Anisha from Nispakhsya Secondary School

The school sports activities have helped the students, particularly girls, to build their self-confidence and contributed for their overall growth and development. Besides, sports is always fun.



What we achieved in 2019 ?

956 students, of which 505 were girls, benefited from the programme.

120 girls had taken self-defense classes in schools.

Students particularly girls were exposed to various sports such as football, volleyball, taekwando, karate, badminton, table tennis and more.

Sports regained Radha's interest in studies

One year ago, Radha (name changed) was about to dropout from school because of her poor academic performance. She lost interest in her studies. Now her school principal is surprised by seeing kinesthetic intelligence and her passion in sports. It's one of the schools that R4C implemented the Sports in School programme this year. She was awarded with the "FEMALE BEST PLAYER" title in the recent sports meet. She has been actively participating in various activities like drama, art, self-defense classes that R4C introduced to the school. She's happy and more than that, she got her interest back in studies and school.



**Breaking
Traditional
Social Norms
through Drama**

Anjali Gurung, 11 years old, played a lead role in a drama production about child marriage which was performed in her local community. She was very happy to participate. Her mother was also one of the audience.

The drama showed the consequences of an early marriage. 'I was very touched by the drama which made me feel responsible to pass on the message in my community that child marriage is harmful', said one of the community members.



Like Anjali, 50 other children performed similar plays around children's issues in 4 other communities. A total of 630 people gathered with great enthusiasm to watch the drama shows. This helped to build the confidence level of the children who were involved in the drama. The drama programme is stimulating the children to become change-makers in their communities.

Perform4Protection is a new component within the Child Friendly School project which aims to raise awareness about child protection by mobilizing child clubs in each school and enabling them to use drama as a tool.



PROMOTING ICT AS A TEACHING LEARNING TOOL

One of the main goals of the project is to help the schools to improve education quality. For this, the project has emphasized ICT based teaching-learning. The project provides ICT materials such as computer and multimedia projector together with ICT training for selected teachers of each beneficiary school.



Rudrepipal Secondary School in Baglung district is one of the schools that the project supported in 2019. Three teachers from the school were trained to use ICT for teaching learning purpose. After the training, the school made a plan to share the learnings from the training among other teachers.



Since the last 4 months, the teachers are getting 45 minutes of ICT lessons every day in their break time. As a result, all the teachers have now started to use ICT as a teaching learning tool in classrooms.

"The use of ICT has helped the students to engage more in the learning process and they are also found to be enjoying their classes more than before."

- a teacher of Rudrepipal Secondary School

A total of 15 teachers from 6 schools were trained in using ICT as a teaching-learning tool through which the skills were transferred to other 92 teachers. We hope this kind of practice will help to multiply the effects of the trainings.

This year, the project reached out to 1772 children (841 boys and 931 girls) and 118 teachers (67 Male and 51 female) from 6 schools.



Major Highlights of the period

#ChildFriendlySchool



Teacher training was conducted in each school to help teachers learn new and motivating teaching-learning methods, classroom management skills, use of teaching aids etc.



First aid and Menstrual Hygiene training was provided to the selected teachers and students along with first aid kit to each school.



Schools' facilities such as classrooms, drinking water, toilets, play space etc. were improved.

26 children at risk of drop-out were identified and were provided scholarships which has enabled them to continue school.



Sports materials including skipping ropes, badminton sets and nets, volleyballs, volleyball net, hula-hoops, footballs and more were provided to the schools. Students are now engaged in sports activities more than before.

CHILD RIGHTS THROUGH MEDIA

In 2019, we decided to diversify our media programmes to address the needs, preferences and habits of different people by using different types of media to raise social awareness around child rights to the general public.

- 26 radio episodes of Milijuli Bolaun programme were broadcast.
- 10 PSAs were broadcast. The topic of the PSAs were child sexual abuse, Internet safety, school admission campaign among others.
- 3 films were produced on the issues of menstruation, the effects of alcoholic parents on children and children as change makers.



#livelihood

The **FAB** Hotel School continues to expand and go from strength to strength.



This year,

- A total of 95 youth (37 female and 58 male) were trained in one of the 3 courses- Housekeeping, F& B Services and Chef who completed in-house training and were placed in on-the-job training in various hotels in Pokhara.
- With the completion of 2nd phase construction, 'FAB Hotel School' has started to operate banquet and F&B Services to the general public. Guest accommodation has started to take room bookings, F&B functions including ODC (Out Door Catering) and MICE (Meetings, incentives, conferencing and exhibitions) are part of the business model to work towards the school's financial sustainability.
- Some courses like certificate in Front Office and Diploma in Bakery were added.
- We secured funding from the Kadoorie Charitable Foundation, Hong Kong to construct a new building which will enable us to operate Laundry and Spa therapy training courses so that more youth will benefit in future.

SOYEE *Promoting young women in the tourism sector*

'I feel empowered and vocal. It has helped me to understand the value for hard earned money'

-one of the beneficiaries



Seventeen young women have completed their trekking guide training and the second batch of 20 young women have just started the training through the project called 'Promoting Young women in Employment in Tourism sector', implemented by Right4Children and supported by Plan International Nepal.

Eleven young women are receiving training in housekeeping who are currently undergoing on-the job training and aspire to get decent jobs. The project works both with an aspiring work force and the employers to promote decent work and gender equality in the work place.

The project just signed an addendum with the partner for extension and expansion of the project. The project initially started with the plan to train 290 young women up to June 2021, but now will continue with 760 beneficiaries up to May 2022.

Child Rights through Art

Art is an expression of emotion. Through this project, we are helping children to express their feelings through Art.

2-different Art Competitions were conducted in which 82 children participated.



10 wall murals were created with the participation of children in different public places.



439 students from 5 schools benefitted from Art-workshops.



A children's art exhibition was organized. A total of 40 pieces of art were displayed during the occasion. More than 400 people including parents, teachers, community members and children attended the exhibition.



OUR SUPPORTERS

R4C had an agreement with La Trobe University, Australia to provide 3-month (Sept - Nov 2019) internship placements to Emilie McDonnell and Rebecca Mundi, students of Masters in Social Science, as per the requirement of their degree. As part of their internship, they were both involved in research projects.



Emilie was involved in conducting an impact study of our child friendly school project while Rebecca was involved in the research to assess the needs of young people living in the slums of Pokhara. Both of them contributed in the research design, developing the research tools and collecting data for their respective research projects.

Thank you, Emilie and Rebecca, wishing you all the best!

Special thanks to Annie Townsend for bridging R4C and La Trobe University.



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Get involved, help us change lives and visit us at
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