

JUNE 2021 VOLUME 11

NEWSLETTER



The COVID-19 pandemic has continued to be a big threat and challenge for the entire world. Nepal is no exception. As the normal lives of people have been disrupted by the pandemic, there has been an increased need for the humanitarian assistance to respond to the crisis and urgency to make people feel reassured.

Immediately after the start of the 2nd wave of COVID in Nepal (since the beginning of May), R4C has been working tirelessly and making every possible efforts in supporting the health facilities and the communities to fight the virus. Most of our regular projects are on hold not only due to the lockdown and restrictions in movement but also because we felt health comes first, so our priority during this time has been to contribute in preventing the spread of COVID. Our response activities were focused at helping people to protect their lives at first and to reduce their suffering by supplying food and other essential items.

In this issue, we have highlighted the activities of our COVID-19 Response Support Programme. We are very pleased to inform you of our initiations and efforts. We always welcome your comments, advice and any innovative ideas to make our programmes more effective and result-oriented.

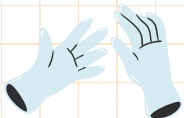
A big thank you to all our partners and supporters for being with us during this challenging time and for making it possible for us to help save lives.

RIGHT4CHILDREN COVID RESPONSE PROGRAMME

The situation of COVID-19 has turned from bad to worse since the beginning of March 2021, from when the second wave is believed to have started. To respond to the emergency situation created by the pandemic, Right4Children, in close collaboration with its funding partners and local Government agencies, supported the health facilities, communities and individuals to address the arising needs.

R4C's support to Health Facilities

11,000



Gloves

1220

K95 Masks

854



PPE Sets

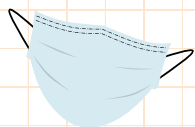
400

COVID Response Kits

300

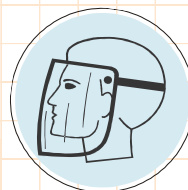
Pulse Oxymetres

240



Surgical Mask (Pkt).

200



Faceshields

50

Digital thermometers

19

oxygen concentrators

5



Thermal Gun

1

Colorimeter Machine

1

Hematology Analyzer Machine

(PPE foam and Bed sheets in 1 hospital)

"Our municipality is trying our best to help the people of our community. The support received from Right4Children will be used properly in our covid hospital for the covid patients. Thank you for helping us. We look forward to collaborating and working together in future too."

- Mr. Dilip Pratap Khand, Mayor,
Waling Municipality Syangja.

"Right4Children has been regularly supporting us in this difficult time which is really appreciable. We will make sure that the support will be used properly to those who need it."

- Bed Bahadur Gurung, the
Chairperson of Madi Rural
Municipality, Kaski

Health equipment support to COVID hospitals

As the number of COVID cases continues to rise, hospitals are facing serious challenges to provide health services to the people. The shortage of health equipment, lack of testing kits, shortage of health workers are the biggest challenges of the hospitals.

Right4Children supported the required medical supplies to 10 different hospitals in Gandaki Province to make it easier for the treatment of COVID patients. The support included oxygen concentrators, 1 hematology analyzer machine, PPE sets, masks, pulse oxymeters and other medical kits. Right4Children will continue to support the health facilities to fight against COVID-19 pandemic.



THANK YOU FOR BEING TOGETHER WITH US IN THIS TOUGH TIME...

Dear Right4Children Team,

Thank you very much for your kind support to our PHC. We are overjoyed to receive emergency medical supplies from you at this tough time. Those supplies make it extremely simple for us to help the people in our community. Patient flow has increased and we are able to provide services locally.

We found the isolation kit to be quite handy. It is provided to the patients who are in home isolation. Thank you for the encouragement to the health workers in our institution to work in the time of COVID-19 pandemic by providing us with the personal protective equipment, masks, gloves, sanitizers, home isolation kits and 2 oxygen concentrators.

We shall use the resources in providing quality service to the patients in the upcoming days. We would like to assure you that we will make proper use of the materials provided by R4C. Thank you for your generous support and being together with us in this tough time to battle against COVID.

Thank you!

Dr. Sanjana Bhandari

Malunga Primary Health Center, Galyang, Syangja



SOME GLIMPSES OF MEDICAL EQUIPMENT DISTRIBUTION BY R4C IN DIFFERENT HOSPITALS



Emergency food support to needy families

As the second wave of COVID hit Nepal, Right4Children provided food support packages to the needy families. This time, 40 needy families of Madi Rural Municipality of Kaski district and Syangja district benefitted from the food supply. The food packages included rice, lentils, noodles, flattened rice, oil, sugar, salt, gram and tea enough for a family of 5 members for a month.



COVID Response Kits for those in Isolation

R4C prepared 'COVID RESPONSE KITS', a package of essential medical and protective items especially for COVID patients who are in home isolation. R4C distributed COVID Response Kits to the needy people through the local government units. A total of 400 COVID response kits were distributed.





'If any COVID patient visits the health centers seeking support, we had nothing to provide them. There is a shortage of medicine and other essentials supplies for COVID patients and that's why response kits will be very helpful.'

Nirmala Aryal, In-Charge of Urban Health Center-ward no. 17, Pokhara Nepal



Free meals for hospitalized COVID patients

Right4Children's FAB school distributed 2 meals a day for 20 days to 60 COVID patients admitted to the Infectious and Communicable Disease Hospital, Lekhnath Kaski, Nepal. Due to this support, the patients had fresh and hygienic meals every day. This was a big relief both for the hospital and the patients during such a hard time.

Post-COVID Community Care Project

Currently, R4C is launching a new project to cater for the needs of communities who are living in very poor and difficult circumstances in the slums of Pokhara Metropolitan City (650 families targeted) in the post-COVID context. The focus of the project will be to reduce the direct impact of COVID on children, young people and their families along with providing special care and protection services to them to reduce the increased risks they are facing.

Targets and outcomes of the project:

- Improved level of awareness about COVID-19 safety and preventive health measures including access to clean drinking water and sanitary hygiene (for 650 families).
- Food support for at least 1-month period (during Dashain and Tihar festival) so that they can fulfil their basic requirements and can celebrate the main festivals happily (for 300 families).
- Construction of a multi-purpose community centre to carry out various community activities including community learning programmes to fulfil the learning gap (due to COVID related lockdown and school closure) of the children.
- Provide support and protection services to girls at risk of abuse and exploitation to minimise the risk they are facing currently.

The duration of this project will be six months (from August, 2021 to January, 2022) after which a review of this pilot will take place and a possible extension according to need.

Child Friendly Schools

The schools are closed again due to increased number of COVID cases. The child friendly school project has been supporting 4 new schools in 2021 and continued supporting the 6 schools of 2020. The project was able to carry out certain activities, as mentioned below, despite the pandemic.

R4C has produced a **Self-Learning Exercise Book** to help children to continue learning during the school closure. The book has been distributed to around 10 thousand students from grade nursery to grade10.

The extra curricular activities (ECA) which includes self defense, Art, Dance and Drama classes were conducted in 6 schools.

- 2-day self-defence classes was conducted in 6 schools.
- Primary and secondary art competitions were conducted in 6 schools.
- Online art classes were conducted in which 23 children participated.

I have received different tricks about self defense. I also learned its importance in the current scenario and I now know how to protect myself when somebody tries to harm me. I am so thankful for getting to participate in the class.

Sanam Biswokarma, Class-9

To sensitize about menstruation and to promote the safer menstrual hygiene practices among the adolescent girls, R4C conducted menstrual hygiene management orientation programme in 4 schools where 285 students, 146 girls and 142 boys participated.





It's a good programme for us because we got to learn a lot about menstruation and safer menstrual hygiene practices. It was very useful to learn different ways to take care of ourselves during our menstrual period.
Sambridhi Bhurtel, class 7

Child Club Management Training was conducted in 4 schools to enhance the capacity of the child club members. A total of 63 children participated.



Improving the school environment

Within the framework of the Child Friendly School project, R4C has been working to improve the physical environment of the community schools.

- The water and sanitary hygiene improved in 4 schools by improving access to clean drinking water, better management of waste disposal space and construction of an incinerator.
- Internet facilities have been set up in 3 schools for ICT based classroom
- A compound wall built in 1 school for the safety of the children.

Further plan

- The virtual training on child friendly teaching learning pedagogy for the 131 teachers of 10 project schools is in the plan for the near future.
- The COVID safety equipment such as masks, hand wash soups, sanitizers will be provided to the schools in preparation for the reopening.

Promoting young women in employment in Pokhara (PYWEP)

The project is supporting young women aged 18 to 24 with tools and skills for economic independence. During the 6-month period, a total of 99 young women completed their training programme (conducted virtually) in 5 different courses. The training courses are Security Guard (2 batch), Trekking, Barista, Reception cum Cashier and ECD/Montessori. Additionally, 2 different trainings on Retails and Sales (2 batches) and Barista is ongoing. Along with the training in respective course, the young women have also received Gender protection, Computer and English language sessions.



'I had participated in Montessori Training provided from R4C. After the in-house training programme, I did my on-the-job training in a Montessori School and later on I was recruited as a staff there. I am so happy and motivated now.'
Lok Maya Shrestha, beneficiary of ECD training course

FAB Hospitality School

providing skills training and livelihood development opportunities to the disadvantaged youth



Like other projects, FAB School also got severely affected by COVID-19. However, FAB school was able to carry out the following activities despite the situation.

Latest updates

- 18 trainees of previous year (2020), completed OJT in various hotels in Pokhara. The remaining 7 trainees couldn't continue OJT because of lockdown.
- The new batch has started the training from Feb 2021 with 20 trainees.
- 2 months of In-house training completed including 1-month orientation and life skill class.
- Virtual training were possible and trainee follow up activity continued during lockdown.

PROMOTING AND ASSISTING GIRLS' ACCESS TO TECHNICAL EDUCATION AND EMPLOYMENT (PRAGATEE)

The PRAGATEE project was launched exactly a year ago with the main aim of promoting girls and young women's participation in Technical and Vocational Education and Training (TVET) programs for their successful transition to work. In spite of the distressing and troublesome situation brought by the COVID Pandemic, the following activities were carried out.

Research work

- Twenty successful women in TVET sector identified and visited to collect their experiences and stories about what it needs to be successful in a TVET career pathway.
- Drafted case stories of all the 20 research participants.

Video documentary production

- Identified seven female role models for the video documentary production and video shoots taken.
- A video documentary on "Women in TVET" is close to completion and distribution.

A photograph of two young girls in school uniforms. The girl on the left is wearing a blue shirt and has a red headband. The girl on the right is wearing a blue shirt and a pink jacket, also with a red headband. They are both looking towards the camera. A red text box is overlaid on the top left of the image.

**Get involved, help us
change lives and visit us at
www.right4children.org**

Thank you to all our wonderful funding partners: ONGD FNEL Luxembourg, CWS HK, Sovereign Art Foundation-HK, World of Children, C4C Nepal-UK, GATE College, Friends of Singapore, Plan International Nepal, The Kadoorie Charitable Foundation, Enjoolata Foundation, Bryanston School UK, Chinese International School-HK and The Pavilions Himalayas

**PUBLISHED BY RIGHT4CHILDREN
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